

THE 5/20 PROJECT

For God so Loved He Gave...

Kingdom Principles 108

If God Holds Our Pain

If God does hold pain, then compassion is not charity... its participation.

Let's anchor this biblically.

1. Does God hold our pain? Yes.

Psalm 56:8 says: "You keep track of all my sorrows. You have collected all my tears in your bottle."

That is not poetic exaggeration.

It reveals a God who does not dismiss pain — He preserves it.

Isaiah 53:4 says:

"Surely He has borne our griefs and carried our sorrows..."

God does not observe suffering from a distance.

In Christ, He carries it.

And in the New Testament:

Hebrews 4:15

"We do not have a High Priest who is unable to sympathize with our weaknesses..."

The word "sympathize" means to suffer with.

God does not merely know pain intellectually.

He enters it.

2. Does God hold the pain of the lost and suffering? Yes

and this is where The 5/20 Project becomes clear.

John 3:16 tells us God so loved the world — not just the redeemed.

And 2 Peter 3:9 says:

He is not willing that any should perish.

If He is unwilling that they perish, then He is not indifferent to their suffering.

The cross reveals this:

God absorbs pain before He ever demands repentance.

3. Why This Matters for The 5/20 Project

If God holds their pain...

Then when you carry that \$20 with the prayer:

“Lord, highlight the one You see”...

You are stepping into pain He is already holding.

The 5/20 Project is not:

- Fixing people.
- Rescuing people.
- Evaluating worthiness.

It is:

Joining the compassion of a God who is already carrying their sorrow.

You are not initiating love.

You are responding to it.

4. The Deeper Revelation

This is why the message is so simple:

“Jesus sees you. Jesus loves you.”

Because if God truly holds pain —
then no one is invisible.

Not the addict.

Not the widow.

Not the businessman hiding anxiety.

Not the believer stuck in shame.

He holds it. He feels it. He carries it. And sometimes...

He chooses to express that through you.